

**Contact**

Kay Spalding  
Director of Marketing  
333 Westchester Avenue  
White Plains, NY 10604  
P: 914 367 5826  
F: 914 367 2826  
kspalding@amalgamatedlife.com  
www.amalgamatedlife.com

**Amalgamated Life Vice President Patrick J. Coughlan to Speak at The 23<sup>rd</sup> Annual Police, Fire, EMS & Municipal Employee Pension & Benefits Seminar**

**White Plains, NY... December 21, 2010**

Patrick J. Coughlan, vice president at Amalgamated Life Insurance Company ([www.amalgamatedlife.com](http://www.amalgamatedlife.com)), one of the nation's leading privately-held companies offering comprehensive solutions under its family of companies, will be one of the speakers addressing attendees at The 23<sup>rd</sup> Annual Police, Fire, EMS & Municipal Employee Pension & Benefits Seminar. The program sponsored by the National Association of Police Organizations Inc. (NAPO) will be held from February 6-8, 2011 at Caesars Palace in Las Vegas, Nevada. Mr. Coughlan will present the educational track titled, "Supplemental and Voluntary Benefits for Uniformed WorkForce" on February 6<sup>th</sup> at 2:30 PM.

Mr. Coughlan, who joined Amalgamated Life in 2005 and oversees its voluntary workplace benefits, is a well-respected professional with extensive knowledge of labor and member benefits. Prior to joining Amalgamated Life, he held numerous leadership positions within the labor community.

In addition to his position at Amalgamated Life, Mr. Coughlan currently serves on the Strategic Development/Industry Liaisons Committee and is Chairman of the Unions/Employee Association Subcommittee of the Workplace Benefits Association Advisory Board. He also has served as a Trustee to a number of prominent pension funds nationwide and as the Chair of the Comey Institute for Industrial Relations at St. Joseph's University.

Frequently tapped for his expertise, Mr. Coughlan shared his knowledge as the Co-host of the weekly radio talk show, "Talking Unions" which broadcast on WHAT 1340 AM in Philadelphia from 2002 to 2007. He has spoken before many union groups, state associations and business forums, including the National Cooperative Business Association (NCBA), International Foundation of Employee Benefit Plans (IFEBC), Workplace Marketing, and Made in America. on topics ranging from unions and their benefits, to pensions and benefit fund mergers, and voluntary benefits.

Mr. Coughlan graduated from Father Judge High School and attended St. Joseph's University. He resides in Philadelphia, Pennsylvania.

For more information or to register for the The 23<sup>rd</sup> Annual Police, Fire, EMS & Municipal Employee Pension & Benefit Seminar, visit: [www.frallc.com/events/napo](http://www.frallc.com/events/napo) or call: 1-800-280-8440.



## **About Amalgamated Life Insurance Company**

Founded in 1943, Amalgamated Life Insurance located in White Plains, NY is now one of the nation's leading privately-held companies. Under the direction of President and Chief Executive Officer David J. Walsh, the Company has maintained an unwavering commitment to the highest standards of service quality, earning it an "A" (Excellent) rating from A.M. Best Company for the past 35 consecutive years. Amalgamated Life is part of the Amalgamated family of companies which also includes: a property and casualty insurance brokerage, a third-party administration company, a medical management firm, a computer outsourcing company, and a printing and graphics company. For more information, visit: [www.amalgamatedlife.com](http://www.amalgamatedlife.com).